

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Feb 3, 2025 thru Feb 7, 2025

EL CLASSROOM BREAKFAST #1

Generated on: 2/4/2025 6:03:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/03/2025																
EL CLASSROOM BREAKFA	Total	5000														
Cinnis, Mini 2.29oz 2017	pkg	5000	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4999	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			470	7	468	5.00	1.44	270.0	1095	0.00	57 48.5%	13.20 11.2%	85.80 73.0%	7.50 14.4%	1.80 3.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 02/04/2025																
EL CLASSROOM BREAKFA	Total	4950														
POP TARTS,WG Blueberry 2018	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	76.0	5.0	2.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	4949	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			535	6	580	6.00	3.60	419.1	2070	30.00	63 46.9%	13.06 9.8%	109.64 82.0%	5.15 8.7%	2.09 3.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/05/2025																
EL CLASSROOM BREAKFA	Total	4950														
Donut, Super Bakery '22	1 EACH	4950	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4950	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			409	11	456	2.43	5.40	409.1	3003	30.00	40 39.6%	13.06 12.8%	58.28 57.1%	11.15 24.6%	3.09 6.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 02/06/2025																
EL CLASSROOM BREAKFA	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	4949	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW.2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			364	19	396	6.00	3.78	290.6	1848	123.60	34 37.3%	12.40 13.6%	61.58 67.7%	8.01 19.8%	1.61 4.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/07/2025																
EL CLASSROOM BREAKFA	Total	4950														
BANA CHOC-CHUNKY MONKE	1 EACH	4950	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Y 2013																
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4949	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			431	24	407	3.41	1.93	287.0	959	1.84	47	13.69	73.46	9.17	3.66	0.00
% of Calories											44.1%	12.7%	68.2%	19.2%	7.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			442	13	461	4.57	3.23	335.2	1795	37.09	48	13.08	77.75	8.20	2.45	0.00
											98.5%	11.8%	70.4%	16.7%	5.0%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	442		350 - 500	100%				
Cholesterol (mg)	13							
Sodium 1 (mg)	461		540	85%				
Fiber (g)	4.57							
Iron (mg)	3.23							
Calcium (mg)	335.2							
Vitamin A (IU)	1795							
Sugars (g)	48	43.76%						
Vitamin C (mg)	37.09							
Protein (g)	13.08	11.85%						
Carbohydrate (g)	77.75	70.41%						
Total Fat (g)	8.20	16.70%	<=30.00%					
Saturated Fat (g)	2.45	4.99%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 1

Generated on: 2/4/2025 1:00:14 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/10/2025																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 02/11/2025																
EL CLASSROOM BREAKFA DOUBLE CHOC. BAR- 2017 GRAPES,Fresh PKG '23	Total EACH(2G)	4950	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4949	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			421	9	417	5.41	2.83	287.0	949	1.84	45	13.69	73.46	9.17	3.16	0.00
Nutrient Guideline			350-500		540						43.2%	13.0%	69.8%	19.6%	6.8%	0.0%
														<=30.0	<10.00	

Wed - 02/12/2025																
EL CLASSROOM BREAKFA Cluster Brk, Whole Grain '22	Total 1 EACH	4950	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			470	9	377	5.63	2.96	345.7	933	8.79	43	14.50	78.64	11.34	3.22	0.00
Nutrient Guideline			350-500		540						36.9%	12.3%	66.9%	21.7%	6.2%	0.0%
														<=30.0	<10.00	

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Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Generated on: 2/4/2025 1:00:14 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/13/2025																
EL CLASSROOM BREAKFA	Total	4950														
Sndwich Chx & Sausage 2020	4950		159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			313	32	518	3.40	1.28	329.1	1130	123.62	26	17.76	43.64	6.55	2.69	0.00
% of Calories											33.9%	22.7%	55.8%	18.8%	7.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 02/14/2025																
EL CLASSROOM BREAKFA	Total	4950														
Concha, WG PINK-'24	Each(2G)	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4950	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	11	311	2.00	1.80	249.1	1010	30.01	42	13.06	68.64	6.15	1.59	0.00
% of Calories											44.5%	13.9%	73.2%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			395	15	406	4.11	2.22	302.7	1005	41.06	39	14.75	66.10	8.30	2.66	0.00
											89.5%	15.0%	67.0%	18.9%	6.1%	0.0%

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Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	395		350 - 500	100%													
Cholesterol (mg)	15																
Sodium (mg)	406		540	75%													
Fiber (g)	4.11																
Iron (mg)	2.22																
Calcium (mg)	302.7																
Vitamin A (IU)	1005																
Sugars (g)	39	39.78%															
Vitamin C (mg)	41.06																
Protein (g)	14.75	14.95%															
Carbohydrate (g)	66.10	66.99%															
Total Fat (g)	8.30	18.94%	<=30.00%														
Saturated Fat (g)	2.66	6.08%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

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Base Menu Spreadsheet

Portion Values - Detailed

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Feb 17, 2025 thru Feb 21, 2025

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/17/2025																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1														
		1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/18/2025																
EL CLASSROOM BREAKFA FRENCH TOAST BAR-2018 GRAPES,Fresh PKG '23	Total 1 EACH	5000														
		5000	290	25	200	3.00	1.80	40.0	105	0.0	21	5.0	47.0	9.0	2.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			441	34	387	3.41	1.93	306.4	951	1.84	45	13.69	72.49	10.16	3.15	0.00
											41.3%	12.4%	65.8%	20.7%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/19/2025																
EL CLASSROOM BREAKFA Muffins, DBL Choc. 2022	Total 1 ea	5000														
		5000	280	25	250	2.00	1.80	20.0	85	0.0	17	4.0	44.0	10.0	2.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4999	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			439	34	436	3.93	1.80	280.0	919	0.00	41	12.40	71.24	11.00	2.60	0.00
											37.2%	11.3%	65.0%	22.6%	5.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/20/2025																
EL CLASSROOM BREAKFA	Total	4950														
CEREAL,MALT-O, SCOOTERS	BOWL	4950	156	0	260	3.90	11.69	129.9	650	19.49	*N/A*	5.2	29.89	2.6	0.00	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	4949	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			310	9	446	5.90	11.87	400.5	1498	143.09	*23 *29.7%	13.60 17.6%	55.46 71.6%	3.61 10.5%	0.61 1.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 02/21/2025																
EL CLASSROOM BREAKFA	Total	4950														
BREAD,BANANA 2023	1 EACH	4950	329	39	170	3.91	1.14	28.0	87	4.04	*29	4.56	49.55	14.45	1.37	*0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	4949	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			504	45	391	3.91	1.14	247.0	1157	34.04	*62 *48.9%	13.62 10.8%	83.19 66.0%	14.60 26.0%	1.46 2.6%	*0.00 *0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			423	30	415	4.29	4.19	308.5	1131	44.74	*43 *90.8%	13.33 12.6%	70.59 66.7%	9.84 20.9%	1.95 4.2%	*0.00 *0.0%

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	423		350 - 500	100%													
Cholesterol (mg)	30																
Sodium (mg)	415		540	77%													
Fiber (g)	4.29																
Iron (mg)	4.19																
Calcium (mg)	308.5																
Vitamin A (IU)	1131																
Sugars (g)	43	40.36%			Missing												
Vitamin C (mg)	44.74																
Protein (g)	13.33	12.59%															
Carbohydrate (g)	70.59	66.69%															
Total Fat (g)	9.84	20.92%	<=30.00%														
Saturated Fat (g)	1.95	4.15%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Feb 24, 2025 thru Feb 28, 2025

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/24/2025																
EL CLASSROOM BREAKFA	Total	4950														
Cinnamon Swirls, WG 2024	Serv	4950	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			530	16	331	6.00	0.36	708.8	1090	0.00	65	14.06	95.61	9.15	2.59	0.00
% of Calories											48.8%	10.6%	72.2%	15.5%	4.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/25/2025																
EL CLASSROOM BREAKFA	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			441	29	427	3.41	1.93	286.4	956	1.84	46	13.69	72.49	10.16	3.65	0.00
% of Calories											42.2%	12.4%	65.8%	20.7%	7.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/26/2025																
EL CLASSROOM BREAKFA	Total	4950														
Waffles, Fun N Fruti '24	pkg	4950	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			420	44	477	4.63	1.34	273.7	863	8.79	39	14.50	71.64	9.34	2.22	0.00
% of Calories											37.5%	13.8%	68.2%	20.0%	4.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/27/2025																
EL CLASSROOM BREAKFA	Total	4950														
UBR - BRKFST CINN ROUND 2 020	EACH(2G)	4950	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			434	11	396	8.29	0.86	248.9	1028	123.63	44	13.06	71.64	8.15	3.09	0.00
% of Calories											40.3%	12.0%	66.0%	16.9%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/28/2025																
EL CLASSROOM BREAKFA	Total	4950														
Concha, WG WHITE-'24	1 each	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4950	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			375	11	311	2.00	1.80	249.1	1010	30.01	42	13.06	68.64	6.15	1.59	0.00
% of Calories											44.5%	13.9%	73.2%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			440	22	389	4.87	1.26	353.4	989	32.85	47	13.67	76.00	8.59	2.63	0.00
											96.5%	12.4%	69.1%	17.6%	5.4%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	440		350 - 500	100%				
Cholesterol (mg)	22							
Sodium 1 (mg)	389		540	72%				
Fiber (g)	4.87							
Iron (mg)	1.26							
Calcium (mg)	353.4							
Vitamin A (IU)	989							
Sugars (g)	47	42.90%						
Vitamin C (mg)	32.85							
Protein (g)	13.67	12.43%						
Carbohydrate (g)	76.00	69.11%						
Total Fat (g)	8.59	17.58%	<=30.00%					
Saturated Fat (g)	2.63	5.38%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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